## **SOBER - SLEEP - WATCHMAN**

## BE SOBER

Leviticus 10:9 Do not drink wine nor strong drink, thou, nor thy sons with thee, when ye go into the tabernacle of the congregation, lest ye die: it shall be a statute for ever throughout your generations: (Psalms 121:3-4) "He will not suffer thy foot to be moved: he that keepeth thee will not slumber. {4} Behold, he that keepeth Israel shall neither slumber nor sleep."

(Psalms 132:2-5) "How he sware unto the LORD, and vowed unto the mighty God of Jacob; {3} Surely I will not come into the tabernacle of my house, nor go up into my bed; {4} I will not give sleep to mine eyes, or slumber to mine eyelids, {5} Until I find out a place for the LORD, an habitation for the mighty God of Jacob."

(Proverbs 6:3-11) "Do this now, my son, and deliver thyself, when thou art come into the hand of thy friend; go, humble thyself, and make sure thy friend. {4} Give not sleep to thine eyes, nor slumber to thine eyelids. {5} Deliver thyself as a roe from the hand of the hunter, and as a bird from the hand of the fowler. {6} ¶ Go to the ant, thou sluggard; consider her ways, and be wise: {7} Which having no guide, overseer, or ruler, {8} Provideth her meat in the summer, and gathereth her food in the harvest. {9} How long wilt thou sleep, O sluggard? when wilt thou arise out of thy sleep? {10} Yet a little sleep, a little slumber, a little folding of the hands to sleep: {11} So shall thy poverty come as one that travelleth, and thy want as an armed man."

Proverbs 23:20-21,31-33 Be not among winebibbers; among riotous eaters of flesh: [21] For the drunkard and the glutton shall come to poverty: and drowsiness shall clothe a man with rags. [30] They that tarry long at the wine; they that go to seek mixed wine. [31] Look not thou upon the wine when it is red, when it giveth his colour in the cup, when it moveth itself aright. [32] At the last it biteth like a serpent, and stingeth like an adder. [33] Thine eyes shall behold strange women, and thine heart shall utter perverse things.

Proverbs 31:4-7 It is not for kings, O Lemuel, it is not for kings to drink wine; nor for princes strong drink: [5] Lest they drink, and forget the law, and pervert the judgment of any of the afflicted. [6] Give strong drink unto him that is ready to perish, and wine unto those that be of heavy hearts. [7] Let him drink, and forget his poverty, and remember his misery no more.

Isaiah 5:11-15 Woe unto them that rise up early in the morning, that they may follow strong drink; that continue until night, till wine inflame them! [12] And the harp, and the viol, the tabret, and pipe, and wine, are in their feasts: but they regard not the work of the Lord, neither consider the operation of his hands. [13] Therefore my people are gone into captivity, because they have no knowledge: and their honourable men are famished, and their multitude dried up with thirst. [14] Therefore hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it. [15] And the mean man shall be brought down, and the mighty man shall be humbled, and the eyes of the lofty shall be humbled:

Isaiah 5:22 Woe unto them that are mighty to drink wine, and men of strength to mingle strong drink: (Hosea 14:9) "Who is wise, and he shall understand these things? prudent, and he shall know them? for the ways of the LORD are right, and the just shall walk in them: but the transgressors shall fall therein."

Romans 12:3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

2 Corinthians 5:13 For whether we be beside ourselves, it is to God: or whether we be sober, it is for your cause.

2Cor10:3-5 we do not war after flesh, weapons of our warfare are not carnal, casting down imaginations and every high thing that exhalteth itself

Ephesians 5:15 See then that ye walk circumspectly, not as fools, but as wise,

1 Timothy 2:9 In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with broided hair, or gold, or pearls, or costly array; 1 Timothy 2:15 Notwithstanding she shall be saved in childbearing, if they continue in faith and charity and holiness with sobriety. 1 Timothy 3:2 A bishop then must be blameless, the husband of one wife, vigilant, sober, of good behaviour, given to hospitality, apt to teach;

Titus 2:2,4,6,12 That the aged men be sober, grave, temperate, sound in faith, in charity, in patience. [4] That they may teach the young women to be sober, to love their husbands, to love their children, [6] Young men likewise exhort to be sober minded.

[12] Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;

1 Peter 4:7 But the end of all things is at hand: be ye therefore sober, and watch unto prayer.

1 Peter 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

## <u>SLEEP</u>

(Psalms 127:1) "Except the LORD build the house, they labour in vain that build it: except the LORD keep the city, the watchman waketh but in vain."

Ps121:3,4, 122:6,7, 124:4-5, 127:1-2,

Psalm 132:4 I will not give sleep to mine eyes, or slumber to mine eyelids,

(Isaiah 62:1) "For Zion's sake will I not hold my peace, and for Jerusalem's sake I will not rest, until the righteousness thereof go forth as brightness, and the salvation thereof as a lamp that burneth."

(Matthew 26:43-46) "And he came and found them asleep again: for their eyes were heavy. {44} And he left them, and went away again, and prayed the third time, saying the same words. {45} Then cometh he to his disciples, and saith unto them, Sleep on now, and take your rest: behold, the hour is at hand, and the Son of man is betrayed into the hands of sinners. {46} Rise, let us be going: behold, he is at hand that doth betray me."

(Mark 13:36-37) "Lest coming suddenly he find you sleeping. {37} And what I say unto you I say unto all, Watch."

(Mark 14:37-38) "And he cometh, and findeth them sleeping, and saith unto Peter, Simon, sleepest thou? couldest not thou watch one hour? {38} Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak."

(Luke 22:45-46) "And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow, {46} And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation."

1 Thessalonians 5:6,8 Therefore let us not sleep, as do others; but let us watch and be sober. [8] But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.

(1 Thessalonians 5:9-10) "For God hath not appointed us to wrath, but to obtain salvation by our Lord Jesus Christ, {10} Who died for us, that, whether we wake or sleep, we should live together with him."

## **WATCHMAN**

Isaiah 21:5-6,8,11-12 Prepare the table, watch in the watchtower, eat, drink: arise, ye princes, and anoint the shield. [6] For thus hath the Lord said unto me, Go, set a watchman, let him declare what he seeth. [8] And he cried, A lion: My lord, I stand continually upon the watchtower in the daytime, and I am set in my ward whole nights: [11] The burden of Dumah. He calleth to me out of Seir, Watchman, what of the night? Watchman, what of the night? [12] The watchman said, The morning cometh, and also the night: if ye will enquire, enquire ye: return, come.

(Isaiah 62:6-7) "I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night: ye that make mention of the LORD, keep not silence, {7} And give him no rest, till he establish, and till he make Jerusalem a praise in the earth."

Ezekiel 3:17 Son of man, I have made thee a watchman unto the house of Israel: therefore hear the word at my mouth, and give them warning from me.

(Ezekiel 13:16) "To wit, the prophets of Israel which prophesy concerning Jerusalem, and which see visions of peace for her, and there is no peace, saith the Lord GOD."